



VHS INTERNATIONAL ENGLISH PROGRAM

FEBRUARY–SEPTEMBER 2020

volkshochschule stuttgart
www.vhs-stuttgart.de



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Presenting vhs international – English Program

If you speak English and would like to learn something new, vhs international is for you. Improve your downward facing dog at Yoga, inspire the Picasso in you or discover Mexican cuisine and traditions... the possibilities are plenty.

Since its foundation in 1919 vhs stuttgart has been true to its core values: making education and culture accessible and affordable for everyone. Vhs international – English program is a further step to making our institution more international and inclusive, because the classes are held in English or other languages. Newcomers and locals, newbies and old hands – everybody is welcome to join our classes and learn something interesting, as well as build new meaningful relationships overcoming language barriers and cultural differences.

In this brochure, you will find course descriptions and details in the following categories: Health & Fitness, Taste the World, Discover Stuttgart, Rhythm & Music, Identity & Personality, Arts & Crafts, Business & IT, Talks, Let's Travel. We also added an extra category with courses and events in other languages for those of you who speak Italian, Spanish, French and Portuguese.

Have fun learning with us... and follow us on Instagram (vhs_international) for updates!

Dr. Daniele Nuccetelli & Meike Klom

Follow us on Instagram!

Be a part of it! Follow vhs_international for news and updates, fun facts and special events!
#beapartofit



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Highlights

24th International Solo-Dance-Theatre Festival Stuttgart 12th to 15th March 2020

The 24th International Solo-Dance-Theatre Festival Stuttgart takes place at TREFFPUNKT Rotebühlplatz from 12th to 15th March 2020. The Festival under the artistic direction of Marcelo Santos is the only competition throughout Europe that gives young artists the opportunity to present their dancing and choreographic ideas and abilities in front of a knowledgeable audience and an internationally renowned jury.

Inuit: The North American Film Festival 6th to 9th February 2020 DREAMS HAVE NO BORDERS

Dreams and visions play a crucial role in the life of North America's native populations, as they open the doors to unknown worlds and contribute to shaping reality. "Dreams have no borders" is the motto and main theme of the North American Film Festival 2020. The pictures will be presented by indigenous guests who will discuss the films and start conversations with the public. For more info visit www.nordamerika-filmfestival.com

"(E-)Life is (not) Strange": Video Game-Based Language Workshop, Theory and Practice for Secondary, Higher and Adult Education

This workshop will demonstrate how some commercially-available video games can be used to engage students and enhance the process of language and culture acquisition. The workshop will consist of two parts, one theoretical, one practical part with work groups and examples to use in the language classroom. We recommend this workshop to EFL/ESL teachers and teachers of other languages. More information on page 17.

201-10880

Prof. Simone Bregni,
Saint Louis University
Thu 18.06.20 18.00–21.00
TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart
Registration required



Health & Fitness

Forest Bathing – Relax in the woods of Stuttgart!

Would you like to relax and unwind? Indoor meditation or relaxation classes are not your thing though? Then „Forest Bathing“ is perfect for you! It was developed during the 1980s in Japan based on scientific studies and started spreading the world under the name of „Shinrin Yoku“. Spending time in the forest does not only help us with stress management, studies have shown that the fresh air can boost our immune system and support us live a healthier life in general. In this workshop, we will experience the benefits of forest bathing together and you will learn various exercises and activities that you can practice and apply on your own during your next trip into the woods.

In cooperation with Haus des Waldes Stuttgart.

201-42750

Melanie Buck
Sun 21.06.20 14.00–18.00
EUR 20.00
Haus des Waldes, Königstraße 74, 70597 Stuttgart

Qigong

With roots in Chinese medicine and spirituality, Qigong is a holistic system of body posture and movement used to maintain health and increase vitality. It comprises slow movements that are integrated with conscious breathing and focused attention. Anyone of any age or physical condition can do Qigong.

201-44500

Sabine Kunz
Tue 16.06.–07.07.20 20.00–21.15, 4x
TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart
EUR 27.00

Yoga Class

201-46050

Margareta Doris Wießmeier
Tue 11.02.–26.05.20 8.00–19.30, 14x
TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart
EUR 112.00

Lunchtime Pilates

Pilates is a discipline designed to balance the development and control of the whole body. Performed on a floor mat, pilates improves flexibility and stability by strengthening the muscles, especially the torso-stabilizing muscles of the abdomen and lower back. It also enhances mental awareness and inner peace. Pilates exercises are based upon six principles: breathing, concentration, control, centering, precision and motion flow.

201-49580

Mon 10.02.–22.06.20 12.10–13.00, 15x
TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart
EUR 70.00

Pilates for Women

Pilates is a complete bodytraining. It aims to improve flexibility and stability by strengthening the muscles, especially the torso-stabilizing muscles of the abdomen and lower back. It also enhances mental awareness and inner peace. Pilates exercises are based upon simple principles: breathing, flowing and centering.

201-49790

Anne Albrecht
Fri 27.03.–15.05.20 18.30–19.30, 5x
vhs-studio, Fritz-Elsas-Str. 46/48, 70174 Stuttgart
EUR 41.50

Zumba®

in Bad Cannstatt

Zumba is a Latin American-inspired dance-fitness-workout. Everybody can participate, regardless of their previous dancing experience and fitness level. Some people call Zumba a “secret” training session, because it’s so much fun you don’t even realize you’re actually working out. Cherry on top: it helps you boost your self-confidence and improves your well-being and overall fitness. We’re sure you’re gonna love to be active, tone your muscles, get rid of some extra kilos and learn new dance steps!

201-51464

Ainur Akhmetova
Tue 11.02.–23.06.20 20.05–21.05, 15x
Treffpunkt Bad Cannstatt, Kreuznacher Str. 13, 70372 Stuttgart
EUR 89.00

Taste the world

Guatemalan Cooking Class:

Corn, Avocado, Cocoa and Plantain

Corn, avocado, cocoa and plantain have been in the Guatemalan diet for centuries. They have survived fashions and trends, were passed on from one generation to the next one. Join us and learn practical recipes based on these healthy and tasty ingredients. They are essential parts of the traditions of a small country, the heart of the Mayan world.

201-10545

María Emilia Morales Vásquez
Wed 18.03.20 18.00–21.30
TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart
EUR 45.00 incl. EUR 15.00 for food & drinks

English Breakfast: New Trends from London

It’s official – breakfast is the new lunch! More people are going out for breakfast than ever before. New trends and surprising combinations are now expected on the table. Today we’ll make a few of the new popular, interesting dishes, including chorizo, tomato and egg skillet. Now marmalade is not only a spread on toast. We’ll clear the fog with a marmalade cocktail, recreated to cleanse both your interior and exterior at Hawksmoor in London.

201-10550

Hazel Britton
Sun 29.03.20 10.00–13.30
TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart
EUR 45.00 incl. EUR 15.00 for food & drinks

Lebanese Cooking Class: Moujanat

In this Lebanese cooking class, you will learn to cook “moujanat”, delicious pastries filled with spinach, cheese, zaatar or meat. These delicacies can be served at breakfast or as finger food. PS: no Lebanese meal is complete without “tabbouleh” and hummus!

201-10555

Rana Nasser Köhler
Tue 19.05.20 18.00–21.30
TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart
EUR 45.00 incl. EUR 15.00 for food & drinks

Korean Cooking Class: A Taste of Korea

In this cooking class, we will learn to prepare a typical Korean meal. We will make Kimchijoen, a traditional Korean pancake with kimchi, and Korea's famous Bulgogi. There will be delicious beef marinated in our own homemade sauce and served with veggies and rice. We will also cook some side dishes that are both easy to prepare and super tasty. And no Korean meal is complete without dessert, fried rice cake with two different dips – a Korean traditional sauce and churro powder. Come and join us for a Korean evening!

201-10560

Ju Yeon Seo

Tue 26.05.20 18.00–21.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 45.00 incl. EUR 15.00 for food & drinks

Vietnamese Cooking Class: Pho & Spring Rolls

Ever wanted to make those delicious Vietnamese spring rolls and tasty Pho soup at home? It is so much easier than you think! Join us in this cooking class as we go step-by-step through the process of making these yummy dishes. You will learn tips for customizing them to your taste preferences, how to store them and suggestions for sauces. Along the way, you will also learn a little bit about the culinary history of Vietnam and the country itself.

201-10565

Thi My Linh Nguyen

Wed 17.06.20 18.00–21.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 45.00 incl. EUR 15.00 for food & drinks

Mexican Cooking Class: Taquiza

In Mexico there are at least 60 different kinds of tacos. The tacos are made of a soft corn or wheat tortilla and the filling can be literally anything. Sometimes we prepare a "taquiza": That means that there are different kinds of dishes (fillings), which will be put inside a tortilla to make the taco. This time we will cook some of those dishes and at the end you'll be able to experience the magic that one small tortilla can have inside. Come and join me!

201-10570

Lucero Lopez Ibarra

Tue 30.06.20 18.00–21.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 45.00 incl. EUR 15.00 for food & drinks

Greek Cooking Class: Summer Dishes

Together we will cook the following dishes to celebrate summer and Greek cuisine!

1. Meatballs in red sauce
2. Greek roasted vegetable medley (Briam)
3. Yoghurt mousse with mastic and sour cherry

201-10575

Maria-Efterpi Bogiaki

Wed 01.07.20 18.00–21.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 45.00 incl. EUR 15.00 for food & drinks

Mexican Breakfast

Mexicans love to have a wide variety of dishes for breakfast. It doesn't matter whether it is a weekday or the weekend, we meet to enjoy the first meal of the day with friends, family or co-workers and celebrate the start of the day eating and talking. Mexican breakfasts are served until noon. They usually include a dish, which can be eggs, meat, or "antojitos" (a very wide selection of food that includes tortillas or tortillalike creations), "pan dulce" (sweet bread), juice or fruit and coffee or tea. I'd like to offer a sample of three typical dishes eaten for breakfast. We will also have juice, coffee, tea and pan dulce.

201-10580

Lucero Lopez Ibarra

Sun 19.07.20 10.00–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 35.00 incl. EUR 11.00 for food & drinks

Italian Cooking Class: A (Vegetarian) Saturday Lunch

Are you ready to cook and eat a typical Italian lunch? In this cooking class, you will learn to cook delicious specialties that many Italians enjoy eating with their families on weekends. All dishes will be suitable for vegetarians. Roll up your sleeves, pour yourselves a glass of wine and ... buon appetito!

201-10585

Giulia Iannucci

Sat 25.07.20 11.00–14.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 49.00 incl. EUR 19.00 for food & drinks

Quick and Easy Cooking

No time for cooking, your kitchen is merely decoration, but you want to eat something other than take-out every day? In this course we will prepare several quick and easy meals which don't need much more than a pot, a pan and a knife. Please bring a dish-towel, an apron and maybe some containers for leftovers.

201-53250

Brigitte Hillner

Sun 05.07.20 11.00–15.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 50.00 incl. EUR 12.00 for food & drinks

Let's Eat it Fresh! – Cooking Class

Fresh and uncooked food does not mean salad only. In this course we will prepare all kinds of "raw foods", starting with breakfast-dishes and ending with cake and desserts. You will experience and enjoy many new tastes. Raw food includes fermented or marinated vegetables, as well as kefir or cheese made from non-pasteurized milk.

201-54000

Brigitte Hillner

Mon 04.05.20 17.30–21.45

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 46.00 incl. EUR 12.00 for food & drinks

Veganese Schwabinese

Swabian specialties go vegan! Yes, it's possible... and it's super delicious, too! In this course you will learn how to prepare Apfelküchle and Ofenschlupfer. And don't forget other classics of Swabian cuisine, like homemade lentils with Spätzle, Maultaschen with vegetable broth, Schupfnudeln and sweet Flachswickel! With only organic and regional ingredients our recipes will make your Swabian heart melt with taste.

201-54015

Christel Rehorn

Wed 06.05.20 17.45–21.45

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 46.00 incl. EUR 12.00 for food & drinks

Classics of Swabian Cuisine

They might sound weird to a non-German, but Schupfnudeln, Flädlesuppe and Ofenschlupfer are some of the tastiest classics of the Swabian cuisine. Would you like to learn how to prepare Swabian regional specialties? In English preferably? Then this course is just right for you! In a friendly atmosphere we will cook (and eat!) a three-course meal with drinks. This course is suitable for vegetarians too.

201-54260

Simone Hübener

Sun 19.04.20 12.00–17.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 57.00 incl. EUR 15.00 for food & drinks

Dinner & Dialogue

We invite you to join us for "Dinner & Dialogue", a series of events where we will cook, eat and talk about up-to-date topics together in the friendly, judgement-free setting of our kitchen. Our goal? Gather people from all walks of life, locals and newcomers, and have them get to know each other, work in cooking teams, eat and discuss under the guidance of two hosts. We'll be literally serving food for thought!

201-55410

Thu 19.03.20 18.00–21.45

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 12.00

201-55420

Thu 16.04.20 18.00–21.45

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 12.00

201-55430

Thu 28.05.20 18.00–21.45

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 12.00

201-55440

Thu 09.07.20 18.00–21.45

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 12.00

Discover Stuttgart

Gateway to the World – Guided Tour of the Airport of Stuttgart

Discover with us the Airport of Stuttgart in an interesting guided tour. After watching an introductory film, you will visit the terminals, the security and customs areas, and then we will drive you around the apron, where you will see the planes taxiing to the runway and the emergency vehicles of the fire department. The tour continues in the basement of the airport, where the impressive baggage handling system is located. At the end of the tour, you can visit individually the Airport Museum or do some plane watching while eating a bite!

The tour will be conducted by trained staff members of the Stuttgart Airport.

Please, do not bring any sharp objects (e.g. pocket knives, scissors, nail files,...) to the tour.

201-08140

Sat 07.03.20 14.30–16.30

EUR 12.00/EUR 6.00 Children

Meeting point: Flughafen Stuttgart, Main entrance Airport Office, Flughafenstr. 36, 70626 Stuttgart

Bike Tour: Stuttgart's Roman History

This bike tour will guide you through Stuttgart's Roman history. We will start from the Roman Castle in Bad Cannstatt, pass by Juno's Fountain, and then follow the bicycle path back to the city with a stop at the thermal baths and at the Old Castle, built by dukes of the Holy Roman Empire. We will conclude the tour at Marienplatz, the perfect place for coffee (or ice-cream!) after a bike ride on a Saturday morning!

Please bring your own bicycle.

201-10630

Gianmarco Iadicicco

Sat 25.04.20 10.00–12.30

Meeting Point: Treffpunkt Bad Cannstatt

EUR 19.00

Highlights and Hidden Gems in Stuttgart

Sit back and explore Stuttgart. In this multimedia talk you will get to know the key attractions and highlights Stuttgart has on offer – and more importantly – many hidden gems not even every local knows about. For example, you will learn that there is a UNESCO World Heritage Site in Stuttgart, a waterfall and a hill with a wonderful view that is entirely made of debris and rubble. After this you will see Stuttgart with new eyes and you will have a list of must see places you will be looking forward to visiting and exploring yourself!

201-11190

Melanie Buck

Fri 03.07.20 18.00–19.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 8.00

Rhythm & Music

Sing in a Choir: Oh Happy Day!

Everyone can sing... so why don't you join an international choir? In this course you will improve your singing skills thanks to a teaching method based on special techniques for the vocal chords and breathing exercises that will reduce fatigue and make you sing like a star!

201-10710

Ramona D'Uva

Sat 14.03.–04.04.20 10.00–12.15, 4x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 59.00

Modern and Contemporary Dance

Workshop

This workshop will teach you the fundamental routines of modern dance. We'll start with a warm-up to get your body ready and let exercises and short choreographic combinations follow. At the end we'll improvise, reinvent movements and realize them through time, space, rhythm and energy as dance combinations.

201-30140

Michela Piviero

Sat 16.05.20 and 23.05.20 11.00–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 25.00

Contemporary Dance with Shirly Barbie

Shirly Barbie is the winner of the third prize for choreography with her piece "Do You Love Me". The workshops incorporate the improvement of physical ability and space control via improvisation exercises, as well as the performance review and the emotional authentic expression within the movement, by practicing Shirly Barbie's dance-language. The workshop offers the exploration of the connection between physical and mental experience and is interested in ways to enhance personal performance, body-mind totality and playful imagination flow. We invite you to join us in the studio, and to celebrate our passion for movement and life. The workshops are open to anybody interested in dance, regardless of personal experience and expertise.

For near beginners

201-30183

Shirly Barbie

Sat 14.03.20 14.30–16.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 26.00

For near beginners

201-30184

Shirly Barbie

Sun 15.03.20 11.00–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 26.00

Identity & Personality

The Art of Acting Convincing...

...and being effective: a technique that is entirely learnable.

This seminar provides insights to key elements: body language, charisma, voice and language, spatial effect and self-image.

The seminar concludes with a Q&A, allowing participants to address their own topics.

201-18493

Janina Rüger-Aamot

Fri 20.03.20 10.00–11.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 18.00

For women only – In cooperation with the Carola Blume Women's Academy

Being Mortal by Atul Gawande

We have come to medicalize aging, frailty and death, treating them as if they were other clinical problems to solve. However, it is not only medicine that is needed in one's declining years, but also life – a life with meaning, a life as rich and full as possible under the circumstances, says Atul Gawande. The writer, an American doctor and bestselling author, gives us an insight into the changes of society as well as very personal views on how to cope with life as it draws to a close. We will read and discuss parts of his book on being mortal, especially topics such as "The Independent Self", "Assistance and Dependence" and "Letting go".

201-18496

Dr. med. Hildegard Höfel-Wellner

Fri 15.05.–29.05.20 10.00–11.30, 3 x

TREFFPUNKT Rotebühlplatz 28 70173 Stuttgart

EUR 32.00

For women only – In cooperation with the Carola Blume Women's Academy

Arts & Crafts

Create your own Easter Bunny Card!

for Kids from 8 to 12 ys.

Would you like to create a pretty Easter bunny card for your friends or family? Together we will write a nice text and draw or paint a fitting illustration. The envelope will be beautifully decorated, so that you can send your card to a special person.

Please bring: 1 x HB pencil, 1 x 15 cm ruler, 1 x eraser, 1 x black Stabilo Point 88, 1 x black Tombow Brush pen and 2 x other colours of your choice, 2 x white envelopes size A6, 2 x white card stocks size A6, 1 x set of acrylic paint and a paintbrush (optional).

201-10810

Sat 28.03.20 10.00–12.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 18.00

Illustration Course: Draw My Life

There are a million of different ways to visualize the character of an object in the way you see it in a specific moment. In this course you can learn or develop basic drawing skills and get in contact with a variety of techniques, styles and forms of presentation. Together we'll learn and research different ways to draw, paint or illustrate. The goal is to encourage you to get creative and to depict objects, stories and people of your (or somebody else's) life. For bloody beginners or professionals who are keen to leave their comfort zone.

Please bring: Drawing paper, pencils HB + 3B, fineliners and whatever pen or marker you like.

201-10815

Jan Anderson

Tue 16.06.–30.06.20 18.00–21.00, 3x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 57.00

Get Creative with the Illustrated Journal

Illustrated journaling offers you the possibility to express your personal view on the world and the events in your life. Text and images complement each other in a fun and playful way. This course sharpens your perception for creative impulses in daily life and provides you with quick techniques (i.e. drawings, collage, watercolours, hand lettering or calligraphy) to use the sketchbook for daily sketches, drawings and notes. The goal is to find your own way to a daily creative routine and expand your artistic skills using language and images.

Please bring: Sketchbook, pencils, eraser, ink pens, watercolours, scissors and glue.

201-36331

Sonja John

Sat 11.07.20 10.00–17.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 44.00

Watercolor Painting in English

The nature and essence of watercolor is in its spontaneity, the swift seizure of a single impression. I admire, paint and teach watercolors that are spontaneous and free, and infuse the viewers with the feeling of what they see. Come and join me for the journey into watercolor painting, while refining your English speaking skills during this workshop! Through different projects we will cover most watercolor techniques, materials as well as some basics of color theory, drawing, perspective and composition. This class is designed as an introduction to watercolor to novice painters as well as artists working in different mediums or watercolor. All painting skills levels are welcome!

Please bring: watercolor pad, watercolors (aquarelle!), watercolor brushes in different sizes, pencil, eraser, sponge or rag, water container

201-36640

Anna Afshar

Tue 05.05.–26.05.20 18.30–21.30, 4x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 72.00

201-36642

Anna Afshar

Sat 16.05.20 10.00–17.00

Sun 17.05.20 10.00–17.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 84.00

Business & IT

The Art of Discussion & Debate

Do you feel uncomfortable at the idea of publically expressing your opinion? Are you interested in pop culture, politics or current events? If you answered “yes” to one or both of these questions then this course is for you! The course is intended as an introductory course to the art of debating. Participants will have the chance to practice the art of debating in a fun learning environment.

201-10850

Pedro Jimenez

Tue 11.02.–31.03.20 19.30–21.00, 7x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 89.00

A Compact Week in the “Pfingstferien”

201-10852

Pedro Jimenez

Mon–Fri 08.06.–12.06.20 09.00–12.00, 4x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 100.00

The Art of Public Speaking

Do you get nervous at the idea of speaking in public? Have you ever wanted to improve your public speaking skills? Or had difficulties with presentations in English? Or have no experience presenting in English? If you answered “yes” to any of these questions then this course is for you. You will have the opportunity to practice giving presentations and reciting speeches in a fun learning environment.

201-10855

Pedro Jimenez

Tue 11.02.–31.03.20 18.00–19.30, 7x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 89.00

A Compact Week in the “Pfingstferien”

201-10860

Pedro Jimenez

Tue–Fri 02.06.–05.06.20 09.00–12.00, 4x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 100.00

News Writing: Learn to Write Like a Journalist

In this compact course, you will learn the basics of news writing: be on point, concise, simple and still have impact. And even if you don't plan to become a journalist, these writing skills will help you produce better work reports and academic papers.

201-10875

Rachel Sang-Hee Han

Sat 09.05. und 16.05.20 09.30–13.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 55.00

“(E-)Life is (not) Strange”:

Video Game-Based Language Workshop

Theory and Practice for Secondary,
Higher and Adult Education

This workshop will demonstrate how some commercially-available video games can be used to engage students and enhance the process of language and culture acquisition. Not only do video games offer a high degree of authenticity in the different language registers they present, they also require interaction and can deliver significant cultural content. The workshop will consist of two parts, one theoretical, one practical part with work groups and examples to use in the language classroom. We recommend this workshop to EFL/ESL teachers and teachers of other languages. Please bring your smartphone, tablet or laptop.

201-10880

Prof. Simone Bregni, Saint Louis University

Thu 18.06.20 18.00–21.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

Registration required

In cooperation with the Deutsch-Amerikanisches Zentrum/
James-F.-Byrnes-Institut e.V.



How to Start Your Own Blog

Have you ever thought about writing a blog? On your own website you can share your thoughts and adventures not only with friends and family but with the whole world. Especially as an expat blogging about your new life in a foreign country might help you settle in more easily because you get in contact with people in the same position and help others who will benefit from your experience.

201-10882

Melanie Buck

Fri 26.06.20 18.00–19.30

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 8.00

Cultural Maps

The Foundation of Intercultural Competence at Work

The exposure to different viewpoints and habits is surely beneficial to a modern workplace, but it sometimes poses challenges. How can we make these intercultural interactions more successful and less difficult? In this workshop, you will be taught to draw your own "cultural map". By critically comparing your scale of values and beliefs to the ones of others, we will foster understanding and develop strategies that will help us engage in more positive intercultural interactions.

201-10885

Andrea Ota

Sat 27.06.20 09.30–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 30.00 incl. course materials

Hear My Story: How to Create a Podcast

You have embarked on an adventurous journey and want to share it with others? You have a very interesting story to tell? Do it via podcast! The audio format is a very convenient way to transmit information. Let your audience dive into your story. Learn how to build an interesting storyline, how to capture good atmospherical sounds and voices and how to use them for your audio report. You will also acquire some technical skills in the course: e.g. learn how to cut and master your own audio report with an audio software.

201-10890

Mirjam Karrer

Sat 27.06.20 10.00–14.00

Sun 28.06.20 10.00–14.00

vhs-studio, Fritz-Elsas-Str. 46/48, 70174 Stuttgart

EUR 49.00

Business Writing Workshop

From job applications to business emails, you will be exposed to different contents of business writing (e.g. letter of complaint, business proposal). In this compact course, you will be taught various techniques to help you polish your business letters or emails and build better contact with your clients and colleagues. You will also get to practise writing different forms of writings in the business context.

201-10895

Sat 04.07.20 10.00–13.00

Sun 05.07.20 10.00–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 39.00

Let's travel

Survival Chinese for Travelers

Is the Chinese language really so difficult to learn? Can I pick up some basic Chinese on a weekend? Try it by yourself on this weekend and you will soon realize it's easier than you think! In this course you will learn frequent phrases and important information for your next trip to China.

201-10960

Yung Fong Au

Sat 25.04.20 10.00–13.00

Sun 26.04.20 10.00–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 40.00

Survival Japanese for Travelers

Would you like to pick up some basic Japanese before traveling to Japan? Then this mini-course is just right for you! In two intensive lessons you will learn the most frequent phrases and important information about the country in order to get by during your stay in Japan.

201-10970

Yoshie Yamagishi

Sat 09.05.20 10.00–13.00

Sun 10.05.20 10.00–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 40.00

Survival Indonesian for Travelers

Would you like to pick up some basic Indonesian before traveling to Indonesia? Then this mini-course is just right for you! In two intensive lessons, you will learn the most frequent phrases and important information about the country in order to get by during your stay in Indonesia.

201-10980

Mirjam Karrer

Sat 12.09.20 10.00–13.00

Sun 13.09.20 10.00–13.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 40.00

Classes and Events in Other Languages

Francophonie et plurilinguisme en Côte d'Ivoire

Vortrag in französischer Sprache für die 19. Französischen Wochen

Dit-on en français de quelqu'un qu'il est "naïf" ou plutôt qu'il est "gaou"? Est-ce vraiment correct de dire "premier gaou n'est pas gaou"? Et pourtant, cette tournure est bien connue des habitants de la métropole abidjanaise. La Côte d'Ivoire a, depuis les temps coloniaux jusqu'à nos jours, la langue française comme langue officielle, en tant que langue de l'administration, de l'éducation et de la formation. Le français en Côte d'Ivoire se frotte à plus de 70 autres langues nationales. La cohabitation avec les autres langues a fait naître plusieurs façons originales de parler français, comme en particulier l'argot ivoirien et le nouchi, aujourd'hui parlé par plus de 35% de la jeunesse ivoirienne.

Cette soirée vous permettra de découvrir la variété de la langue française et du plurilinguisme à l'heure de la mondialisation.

201-11225

Taky Ouattara

Thu 19.03.20 20.00–21.30

TREFFPUNKT Rotebühlplatz 28, 70173

Stuttgart

EUR 8.00

Les billets sont également disponibles à la vente le soir-même au guichet du TREFFPUNKT Rotebühlplatz.



Ritmos Lusófonos

Uma viagem musical em português

O Brasil é muito mais que samba e Portugal não é só fado! Neste curso vamos conhecer a incrível variedade de ritmos nas músicas de língua portuguesa: uma viagem linguístico-musical do Brasil para Portugal passando por Cabo Verde, Angola, Moçambique. O curso será em português com tradução em alemão quando necessário. Aconselhamos este curso a partir do nível A2!

201-11350

Maria-Fábia Paz-Vitorino-Willems

Mon 22.06.–27.07.20 18.00–20.15, 6x

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 116.00

Corso di pittura per principianti e avanzati: dalla pennellata al dipinto a olio

In questo corso creativo risponderemo alla domanda: come si passa da un'idea alla realizzazione di un'opera d'arte? Prima di metterci al lavoro, prenderemo brevemente in considerazione la storia e le varie tecniche della pittura a olio. E poi... tutti all'opera! L'insegnante vi accompagnerà in tutte le fasi del lavoro dallo schizzo fino al dipinto finito e vi darà istruzioni e consigli utili su importanti aspetti, come ad esempio il gioco tra forme e colori e tra proporzioni e dimensioni.

Materiali del corso: Portate cartoni telati o tele 40x50, tavolozza di legno o di cartone ca. 20x30, detergente per pennelli, olio di lino, trementina, pennelli a olio nr. 1, 4, 8, 16, coltello da pittore, piccolo vaso, panni, diversi colori a olio 35 ml (la lista dei colori da comprare sarà fornita ai corsisti al momento dell'iscrizione), matita, gomma da cancellare.

201-36660

Giovanni Manzo

Sat 21.03.20 10.00–17.00

Sun 22.03.20 10.00–17.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 84.00

El mundo de las Tapas

Descubriendo el mundo de las tapas. Vamos a cocinar típicas tapas españolas como tortilla de patata o gazpacho.

Te animas?

201-54560

Victoria Ortiz García-Mühlich

Sun 12.07.20 10.00–14.00

TREFFPUNKT Rotebühlplatz 28, 70173 Stuttgart

EUR 48.00 incl. EUR 14.00 ingredientes



Dinner & Dialogue

Dinner & Dialogue is an innovative concept that combines cooking together with thought-provoking discussions. To find out more, see page 9 or visit www.vhs-stuttgart.de.

Emma and Pedro are currently hosting Dinner & Dialogue. Let's get to know them.

Hi, I'm Emma!

I'm from... the UK and France.

I've been living in Stuttgart... for 2 ½ years

I studied... history and politics.

I love... eating and talking.

My favourite food is... cheese.

Dinner and Dialogue is... Interesting people from different backgrounds getting together, sharing great topics and discussions and good food.

And I'm Pedro!

I'm from... Chicago.

I've been here... since 2012.

I studied... linguistics.

I love... pro wrestling.

My favourite food is... pizza.

Dinner and Dialogue is... The intercultural gathering of people, opinions and delicious food!



Extract from the

General Terms and Conditions for the volkshochschule stuttgart

The full terms and conditions can be found on www.vhs-stuttgart.de/agb/ (German language)

General Terms and Conditions

These terms and conditions apply to all course registrations and are automatically accepted upon registration. We do not assume liability for the accuracy of the information printed in the course catalogue.

1. Contract Conclusion

A contract is entered into upon a course registration being taken by volkshochschule stuttgart. Should a participant register for a follow-on course through the Weitermeldeliste handed out in class, this registration is binding.

2. Fees

The fees are due by the first day of the course, with the exception of specific foreign language courses (paragraph 12), for integration courses (paragraph 13) and for excursions (paragraph 14) for which other rules apply. Payment is generally by direct debit or in cash upon registration at TREFFPUNKT Rotebühlplatz. A course taking place is not dependent on when the course fee was collected by volkshochschule Stuttgart. Should a third party be paying the course fee (e.g. employer), the payer needs to sign a Third Party Payment Declaration. Should courses go over multiple semesters, the registration is for the complete offering. In these cases, it is in principle possible to pay in instalments. This requires payment to be made by SEPA direct debit and for a SEPA direct debit mandate to be completed. Further details are available for the specific courses in question. In the case of a chargeback, the participant/the payer is liable for the costs incurred.

3. Reductions

Multiple reductions cannot be applied.

3.1 Reductions cannot be made on the following offerings:

- Events costing EUR 10 or less.
- Individual tuition
- Field trips, learning holidays and walks (excursions)
- Examinations
- Courses offered by the Kursleiterakademie
- Events offered in conjunction with partner organisations
- Courses lasting multiple semesters (e.g. traineeships and other qualifications) could be subject to different rules which will be set out in a separate contract.
- Offerings explicitly aimed at children and youth up to 17 years which already have a reduced fee. The Bonuscard can still be used on such offerings.
- Offerings for which existing financial support can be applied for (e.g. Meisterbafög).
- Registrations onto courses for which the fee is paid either in full or in part by a firm or other institution (Third Party Payment Declaration).
- Costs reimbursed for retraining as per SGB III (backed by the Bundesagentur für Arbeit). Official information on this is available from vhs stuttgart administration staff and from the Bundesagentur für Arbeit.
- Learning materials (textbooks, course documents, materials etc.)

An exception may be made in individual cases (e.g. in financial or family hardship cases). Please contact the relevant departmental manager for further details.

3.2 Group A: 10% Reduction:

Valid, relevant proof of status or ID must be shown at registration. This reduction applies to:

- Children/youth up to 17 years of age
- School children
- Trainees
- Interns
- Au-pairs
- Students with a German or international university ID card
- Voluntary Governmental Service
- Gap year working in social or environmental care or similar
- Pensioners entitled to housing benefit (Wohngeld)

3.3 Group B: 25% Reduction:

Valid, relevant proof of status or ID must be shown at registration. This reduction applies to:

- People with a degree of disability of at least 50%

3.4 Group C: 40% Reduction:

Valid proof of status (Notice of entitlement ((Leistungsbescheid)) issued within the last three months) to be shown at the registration offices at TREFFPUNKT Rotebühlplatz, in Bad Cannstatt or in Veranstaltungszentrum Ost. This reduction applies to:

- Unemployed persons receiving financial support from the Bundesagentur für Arbeit.
- Recipients of support as per SGB II and SGB XII (Bonuscard)

5. Payment of Fees

The course fee is due by the first day of the course (with the exception of the cases detailed in paragraphs 12 and 13).

8. Proof of Participation/Attendance List

If requested, volkshochschule stuttgart will issue a proof of participation slip once the course has finished. Eligibility for this is course attendance of at least 80%. Regular attendance is determined by consulting the attendance list (courses, seminars, lecture series, workgroups).

9. Minimum Number of Participants

In general, for a course to be carried out, a minimum number of participants must have registered before the beginning of the course. Should this minimum number of participants not have been reached, offerings may be carried out in a shortened form, under consideration of the overall concept and planned content. Participants who are not satisfied with the way the course has been shortened may withdraw from the course in writing. These will have the course fee refunded. Due to organisational and content-specific factors, courses which have not reached the required minimum number of participants may also be carried out if the participants are willing to pay to pay a surcharge. The decision as to whether a course is to be shortened or whether participants should be asked to pay a surcharge is taken by the relevant departmental manager.

10. Late Entry onto Course

After the third session, a late entry needs to be individually discussed and approved by the department.

11. Changing Course

Changing to another course is permitted once up to three working days after the first session. This applies to courses of ten sessions or more.

12. Foreign language courses

In foreign language courses comprising eight sessions or more, the invoice will generally be sent out after the first three appointments.

13. German as a Foreign Language/German and Integration

In contrast to paragraph 2 of these terms and conditions, the fees for integration courses are due two weeks before the start of the course and will generally be collected at this time by SEPA direct debit. It is also possible to pay in cash at TREFFPUNKT Rotebühlplatz.

14. Excursions

Should volkshochschule stuttgart only be acting in the role of an intermediary for such excursions, the rules stipulated by the travel agency/contractor apply.

16. Withdrawing from Course/Refunds

- volkshochschule stuttgart is entitled to withdraw from its contract should a lecturer not be available, or for another valid reason. In this situation, any payments already made will be refunded. Course fees made by SEPA direct debit shall be transferred back. Course fees paid in cash will be credited to the payer's vhs account and, if desired, paid out in cash at TREFFPUNKT Rotebühlplatz upon presentation of a national ID card, driving licence or passport. No further claims may be made against volkshochschule stuttgart.
- The participant must give notice of their intent to withdraw from a course in writing or by telephone at least six working days before the course begins. Not attending a course does not count as de-registering. Should the course information in the course catalogue stipulate different rules for de-registering, these take precedence. volkshochschule stuttgart must receive this notice to withdraw before the deadline has elapsed. There is no refund of course fees when withdrawing later than the deadline. Cash refunds can only be made at the registration desk in TREFFPUNKT Rotebühlplatz.
- Informing the lecturer of an intention to leave the course is invalid
- Special rules apply to courses going over multiple semesters (traineeships and qualifications), courses offered by the Frauenakademie, excursions, and adult music lessons. Details available from the relevant department.
- Special rules and cancellation fees apply to German and integration courses, including exams.
 - A notice to withdraw must be made in writing at least 15 workdays before the course begins
 - Should a participant not turn up to a German exam without having cancelled in the required time frame, there will be a cancellation fee of 30 EUR. The same applies to cancellations made after the cancellation deadline.

18. Liability

volkshochschule stuttgart is only liable in cases where it can be shown that it or its agents have acted with gross negligence or intent. Conversely, volkshochschule stuttgart is liable in the case of death, injury to body or health or for major breach of contract if simple negligence can be shown.

26. Final Provisions

These Terms and Conditions render all earlier versions null and void.

Last updated: May 2018

Info and Advice

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